

## Session Goals

- Share strategies, processes and workflows.
- Discuss the scope and limits of behavioral health in a pediatric practice.
- Learn from the panelists' experiences.
- Inspire and support each other in this area of pediatrics.





## Reminders

- Use respectful language.
  - When sharing a patient example, use clinical language.
  - Avoid words and phrases that could feel stigmatizing.
- Assume the good intentions of others.
  - Don't make it personal.
  - Don't take it personal.





## Introductions

Dr Christoph Diasio

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Dr. Michael Chamberlin

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## Resources

#### For Pediatricians:

**AAP Mental Health Initiatives** 

**AMA BHI Collaborative** 

AMA BHI Compendium

APA Fact Sheet for BHI Integration

**REACH Institute** Courses and Toolkits

### For Families:

Tamalpais Pediatrics Behavioral Health Resources

ADDitude magazine and Online Resource Center

**CHADD** Online Resource Center with Affiliated Support Groups

The Explosive Child by Dr. Ross Greene

Freeing Your Child from Anxiety by Dr. Tamar Chansky

Self-Reg by Dr. Stuart Shanker and Theresa Barker



