



Welcome to the

ART OF DELEGATION

Take your leadership to the next level!

OBSTACLES



Real problem? **IT'S YOU.**

If you aren't delegating effectively, there's a good chance the problem is you.

Who checks labs when you are off?

I do, myself. I am never off. I do not rely on anybody else. I also upload the results to patient charts myself and contact parents with the results. I have a system now, 100% knowledge of what is going on. I used to share this responsibility with my staff or colleagues in the past, but the little extra work is nothing compared to the safety of never missing anything.



WHY ME?

- Independent practice owner
- Entrepreneur
- State leader
- Consultant





The five mantras to live by.

EMPOWERED MINDSET



MANTRA

noun

A word or phrase that is often repeated and expresses a particular strong belief.

1

*"Every year do more of what you love
and less of what you don't."*

2

"You have not because you ask not."

I DID IT!



3

"The physician should do what only
the physician can do."

BACK OF THE NAPKIN

What is your time truly worth?



\$2000

Per Hour

If you see 4 patients per hour,
average \$165 per patient, and
have 70% overhead

DELEGATION DENOMINATIONS

\$5

Your kid

\$20

Your staff

\$50

Other professionals



**"Just because you can do something
doesn't mean you should."**

“Delegation elevates
others.”

— KATRINA SKINNER, MD, FAAP

5

“Hire as much help as you can afford.”

MY FIVE MANTRAS

mantra

noun

A word or phrase that is often repeated and expresses a particular strong belief.

- **Every year do more of what you love and less of what you don't.**
- **You have not because you ask not.**
- **The physician should only do what only the physician can do.**
- **Just because you can do something doesn't mean you should.**
- **Hire as much help as you can afford.**

TAKE SOME ACTION



01

Eliminate

Delegate to
the TRASH



02

Automate

Delegate to
your TECH

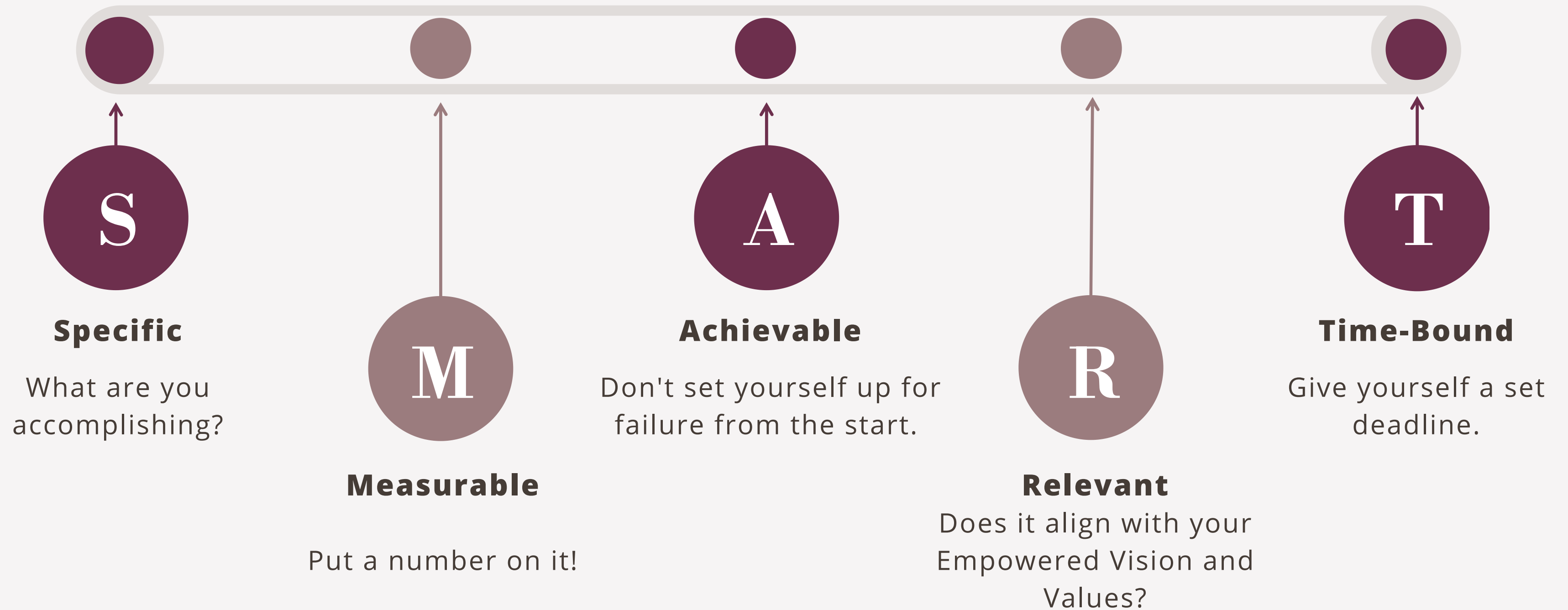


03

Delegate

Delegate to
your TEAM

GOAL-SETTING SUCCESS



DO MORE OF WHAT YOU LOVE

GIVES JOY

DELEGATE

STEALS JOY



Which tasks add value to your life and get you closer to your big why?



What one thing can you delegate first to get the ball rolling?



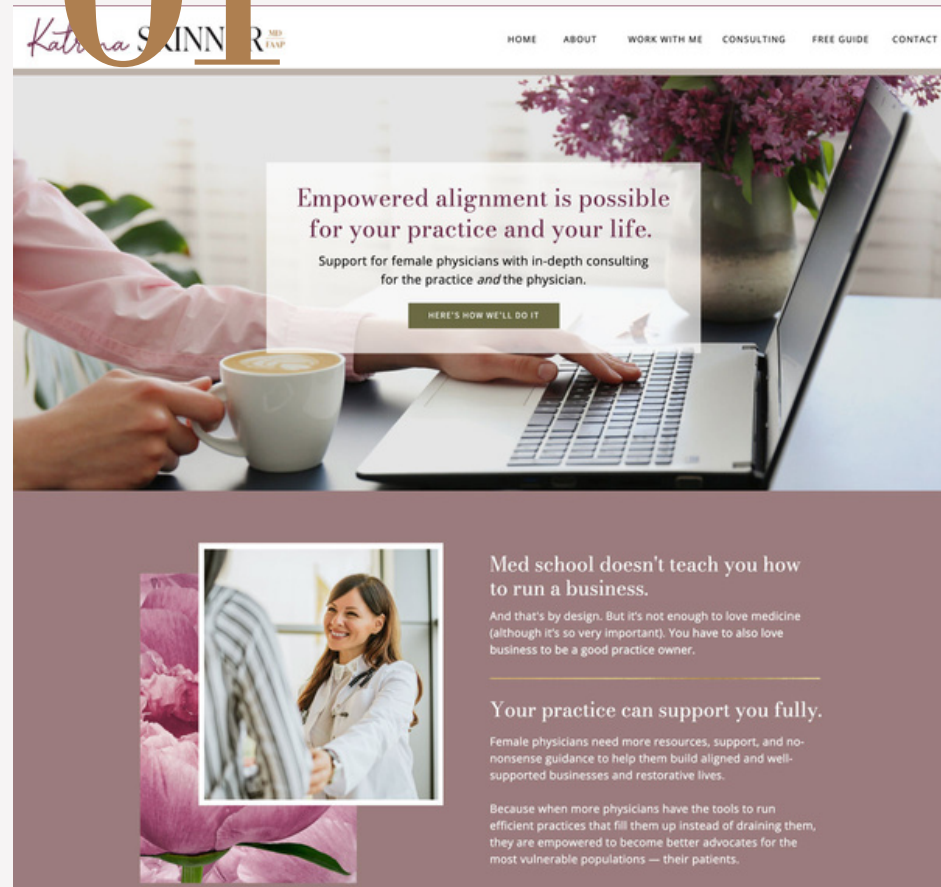
Which tasks are the biggest pain points and cause the most friction?

"Great things
happen outside
your comfort
zone."

—KATRINA SKINNER, MD, FAAP

NEED MORE SUPPORT?

01



katrinasinner.com

02



1:1 Coaching

03



Free Scribes e-book

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THANK YOU!

Change is overwhelming. But it's what's on the other side of that change that's so powerful. You have accomplished amazing things in your life. You can achieve anything you put your mind to!

Katrina SKINNER MD
FAAP