# Building High-Performance Teams

#### Alex Meyer, MBA





#### Session Goals

- 1. What does a High-Performing Team Look like?
- 2. How does one form?
- 3. How can you help your team improve?





#### What Drives Your Success?







## **Decision-Making Discretion**

- People want agency
- Empowers them to shape their work
- More control = more learning





## Sharing Information

- Share the context
- Connect roles to the success of the practice
- Share both the good and bad news





## **Promote Civility**

- Constructive feedback
- Praise publicly, criticize privately
- This is a huge part of your culture





#### Provide Feedback

- Many measures can be public
- Civility is vital
- Monitor performance for everyone





#### What is a team?







#### Common Purpose

#### • Outside mandate

#### • Team latitude





#### Performance Goals

• Specific, compelling goals

• Sense of urgency

• Focus on effort rather than status





## **Complementary Skills**

• Technical expertise

Problem-solving/decision-making

Interpersonal





#### Commitment to Work

- Who will do which jobs?
- How will decisions be made?
- Everyone should contribute





## Mutual Accountability

- Trust cannot be forced
- The teaming process is vital to its success
- Accountability is the foundation of a team





## Otherwise: Just a Group

#### Working Group

- Strong leader
- Individual accountability
- Purpose matches organizational mission
- Individual work product
- Discusses, decides, and delegates

#### Team

- Shared leadership
- Individual and mutual accountability
- Team-specific purpose
- Collective work product
- Open-ended discussions
- Discusses, decides, and does work





# Types of Teams

• Make recommendations

• Make or do something

• Run things





#### Make Recommendations

- Predetermined completion dates
- Need fast start
- Need clean handoff





## Make or Do Something

- Often frontline teams
- Usually ongoing work
- Focus on performance is paramount





## Run Things

- Teams can exist at any level of the practice
- Does not have to match the hierarchy
- Is the team approach the right approach?





# High-Performing Team Attributes

- Clear common purpose
- Clear roles and responsibilities
- Collaborative work and relationships





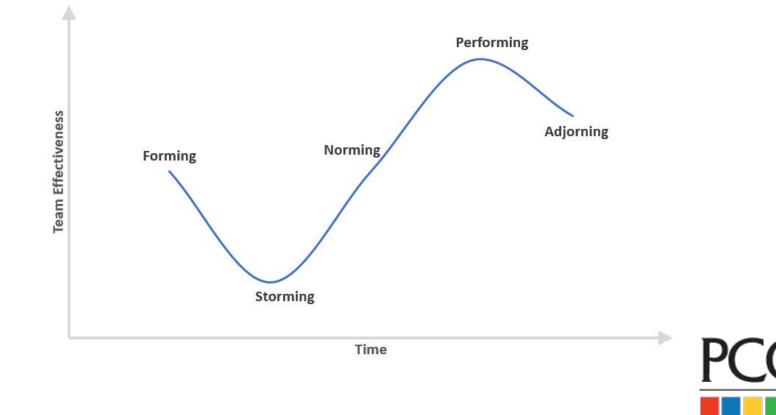
# High-Performing Team Attributes

- Diverse thinking and skill sets
- Constructive conflict management
- Measurable outcomes and success





#### Stages of Team Development



Pediatric EHR Solutions



## Forming

- Feelings of excitement and anxiety
- Lots of questioning
- Define structure, goals, and roles





## Storming

- Feelings of disappointment
- Decline in civility and performance
- Redefinition of goals, roles, and tasks





## Norming

- Feelings of increased comfort and acceptance of team members
- Increasing performance
- Focus shifts to team goals and tasks





## Performing

- Feelings of satisfaction
- High performance
- Good conflict resolution





# Adjourning

- There are a variety of feelings at this stage
- Productivity may drop
- Time to prepare for the ending of the team





# **Building High-Performance Teams**

- Partners
- Human resources
- Team leaders





#### What Can The Partners Do?

- Encourage social relationships
- Model collaboration
- Coach employees to collaborate





#### What Should HR Do?

- Offer training
- Build community





#### What Should Team Leaders Do?

- Match leadership style to team stage
- Assign roles but leave the tasks ambiguous





#### Technique: Retrospective

- What went well?
- What could have gone better?
- What to try differently?





#### What Went Well?

- Each participant comes with their ideas
- Focus on "how" rather than "what"





#### What Could Have Gone Better?

- Each participant comes with their ideas
- Focus on "how" rather than "what"





# What to Try Differently?

- Improve on strengths/address weaknesses
- Select a manageable number
- Review between meetings





#### Retrospective: Agenda

- Review previous to try items
- What went well/could have gone better?
- What to try differently?





#### Retrospective: Logistics

- What happens in the room stays there
- Meet frequently
- Designate a facilitator
- Budget an hour





# Session Takeaways

- 1. Thriving employees make for thriving practices
- 2. High-performance teams are built
- 3. Build improvement into your team culture





#### References

#### https://www.risvt.com/blog/retrospectives

#### Harvard Business Review:

Creating Sustainable Performance - Gretchen Spreitzer & Christine Porath

The Discipline of Teams - Jon R. Katzenbach & Douglas K. Smith

Eight Ways to Build Collaborative Teams - Lynda Gratton & Tamara J. Erickson





# **Related Courses**

UC2020 course recordings are available for viewing on <u>PCC's UC 2020 YouTube Channel</u>

- 1. Practice Culture Chip Hart
- 2. Managing Through Change Kerin Stackpole
- 3. Develop Your Practice's Strategic Plan Tim Rushford





#### What Questions Do You Have?

Questions posted in the <u>Live Session channel of UC Chat</u> will be read aloud by moderator for presenter to answer. Please post your questions in Live Session.



