### Obesity and Chronic Disease Management Discussion

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Panelists:

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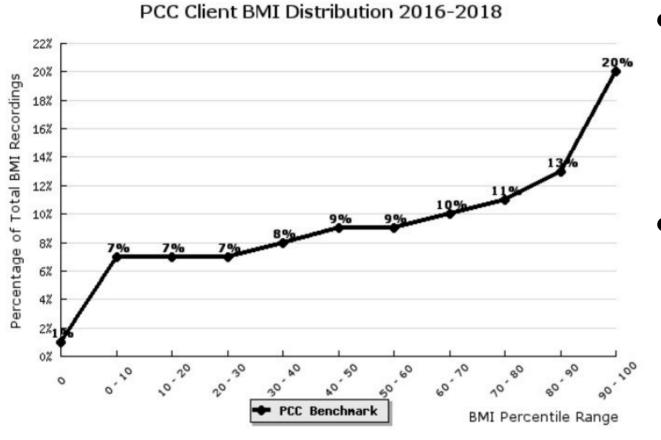
#### Take-aways

- An understanding of the logistics involved with integrating obesity and nutrition management services at your practice
- Consideration of how your practice and your patients might benefit from these services
- An understanding of how to document and bill for these services





#### Prevalence of Chronic Obesity



- 1 in 3 encounters
  with documented
  BMI are >=80th
  percentile. 1 in 5
  >=90th percentile
- Based on ~780K
   recorded BMI values
   among PCC clients
   between May 2016 May 2017, for patients
   2-18yrs old.





# Panelist Background and Discussion





#### **HEDIS** Measure

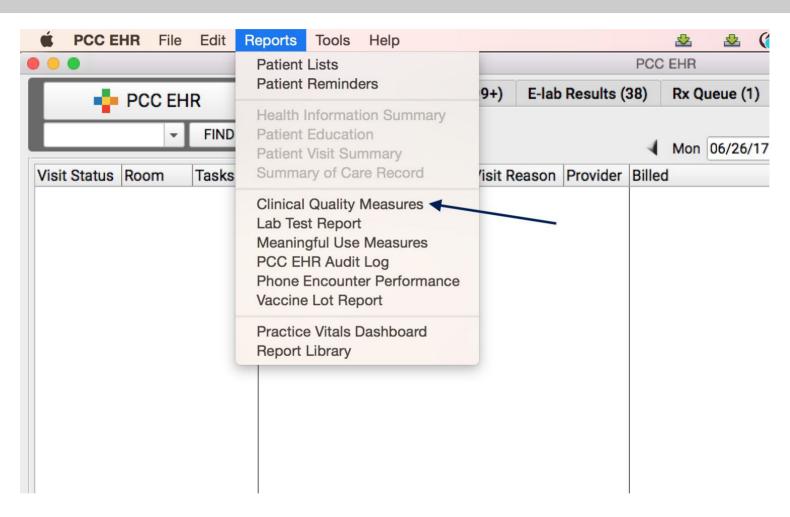
Percentage of patients 3-17 years of age who had an outpatient visit with the Provider of Encounter (EP) and who had evidence of the following during the measurement period (three rates are reported):

- Measure 1: Percentage of patients with height, weight, and body mass index (BMI) percentile documentation
- Measure 2: Percentage of patients with counseling for nutrition
- Measure 3: Percentage of patients with counseling for physical activity





#### CQM Reporting







#### CQM Reporting

#### **Clinical Quality Measures** 2014 Edition 2011 Edition 2014 Edition Clinical Quality Measures Measures Edit · Weight Assessment and Counseling for Nutrition and Physical Activity for Children and Adolescents Reporting Period 90 Day Reporting Period: from 06/29/15 to 09/26/2015 Calendar Year Reporting Period: 2015 -From 01/01/18 to 06/06/18 (157 days) Eligible Professionals All Providers Included Edit Report Layout Individual reports for each selected provider Aggregate data for selected providers into a single report





- Two age stratifications for each measure:
  - Age 3-11
  - Age 12-17
- Denominator for each measure: # patients ages 3-17 who had at least one outpatient visit with the Provider of Encounter (EP) during the measurement period
- Denominator exclusion: Patients who have an active diagnosis of pregnancy during the measurement period (based on visit diagnosis, problem list, E-Rx problem, and EEF diagnosis)





- Numerator 1: # patients in the denominator who had a height, weight and body mass index (BMI) percentile recorded during the measurement period
- Sick, well, and counseling visits are included.
  Vaccine-only visits are not included
- The height, weight, and BMI can be recorded by any provider. It just has to be recorded during the measurement period

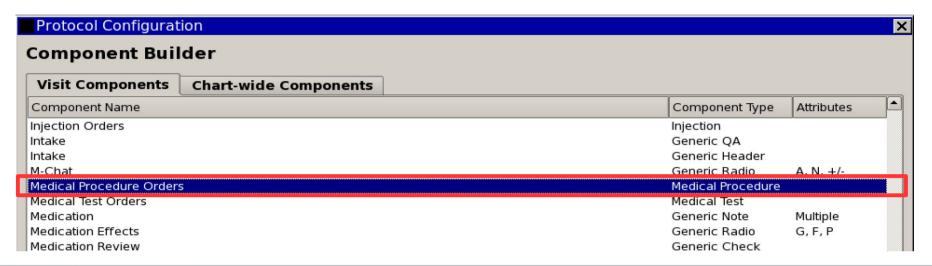




- Numerator 2: # patients in the denominator who had counseling for nutrition performed during a visit that occurs during the measurement period
- Numerator 3: # patients in the denominator who had counseling for physical activity performed during a visit that occurs during the measurement period
- Add medical procedure orders for nutrition and physical activity counseling and link to appropriate SNOMED procedures.



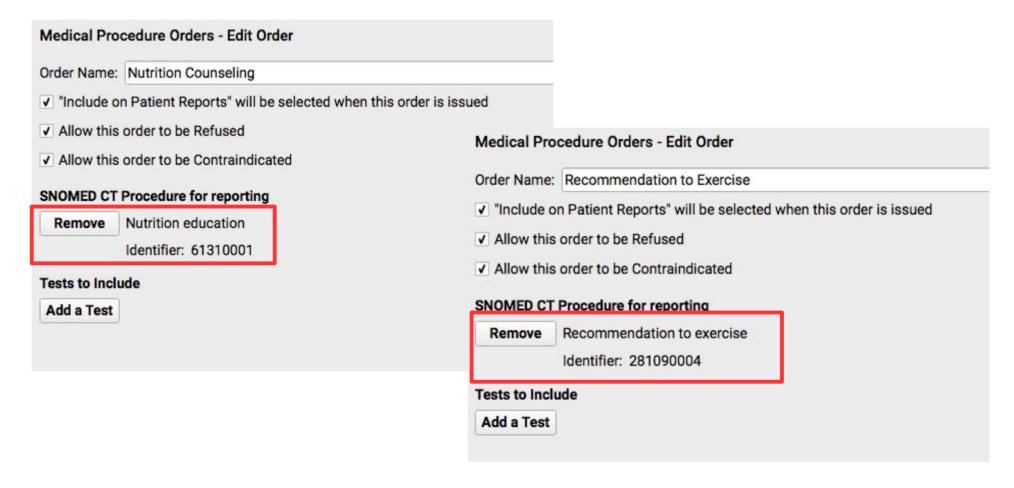




ledical Procedure Orders					
Medical Procedure Order Name	$\triangle$	Display on Patient Reports	Allow Refusal	Allow Contraindication	Tests
TODAILET / IIITAIAAOTT TX		✓	✓	√	0
Nebulizer, Repeat Tx		✓	✓	✓	0
lursemaid Elbow-Reduction		V	V	√	0
Nutrition Counseling		√	✓	√	0
Recommendation to Exercise		<b>√</b>	<b>√</b>	<b>√</b>	0











Use these SNOMED Procedures:

**Nutrition Counseling** 

Nutrition education: 61310001

Exercise Counseling

• Recommendation to Exercise: 281090004





 Add these "Nutrition Counseling" and "Recommendation to Exercise" medical procedures to chart protocols and order when appropriate

9-10 Yr Well - (client v. I) Bright Futures	Tyler "Thomas" Danielle Ott J.R.	10 yrs, 9 mos	9/25/05
Order select a lab			
Medical Test			
Order select a medical test			
Medical Procedure			
Order Nutrition Counseling			
Order Recommendation to Exercise			
Order select a medical procedure			_





#### **CQM** Documentation

How to Chart for Each Clinical Quality Measure in PCC EHR

http://learn.pcc.com/help/meet-clinical-quality-measures-with-pcc-ehr





### Medical Nutrition Therapy

- 97802 Medical nutrition therapy; initial assessment and intervention, individual, face-to-face with the patient, each 15 minutes
- 97803 Medical nutrition therapy; re-assessment and intervention, individual, face-to-face with the patient, each 15 minutes
- 97804 Medical nutrition therapy; group (2 or more individual(s), each 30 minutes





### Medical Nutrition Therapy

#### CPT Usage by Region (97802 - 97804)

